

#marchkindnesschallenge #spreadgoodness



1. Brush your pet
2. Clean your room
3. Clean out your closet and ask to donate
4. Pack your own lunch
5. Make a homemade appreciation card for your teacher
6. Set the table
7. Do the dishes
8. Do your chores without being asked
9. Give hugs to everyone
10. Do your homework without being asked
11. Fold the laundry
12. Put stickie notes in a heart shape on your parents mirror with reason why you love them
13. Stack someone's chair at school
14. Ask someone lonely to play with you
15. Send a letter to a far way relative or friend

16. Make your parents breakfast
17. Be kind to your siblings
18. Go grocery shopping with your parents
19. Give some of your money to the homeless as you pass by
20. Hold the door
21. Play a game with your sibling of their choice
22. Draw a picture for someone you appreciate
23. Help your siblings with their homework
24. Rake your neighbor's leaves
25. Go on a walk and pick up trash
26. Do something you love
27. Trade books with your friends
28. Give thanks in unique ways
29. Donate 5 toys you no longer play with
30. Give 15 compliments
31. Put your grocery cart back in the right place

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Use hashtags:
#marchkindnesschallenge
#spreadgoodness

Social Media:

- Facebook: follow via Zendoway
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Invite Others to Join!!

Questions:

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